

Learn the skills. Help save a life.

Suicide is preventable. Anyone can make a difference.

- Two-day workshop in suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public

ASIST's impact in 2016

87,567 participants 15,201 suicide attempts prevented Estimate based on studies

ASIST changes lives

Odds of improvement after receiving an ASIST intervention (2013 study):

- ▲ 35% more hopeful
- ▼ 31% less depressed
- ▼ 46% less overwhelmed
- 74% less suicidal

ASIST is cost-effective

return on investment in decreasing long-term costs of suicide (2015 study)

ASIST works

Studies show that ASIST participants gain:

- ▼ Knowledge about suicide
- ▼ Skills to reach out
- ▼ Confidence to help save a life

Upcoming ASIST Workshop

May 7th & May 8th, 2018

8:30 AM - 5:00 PM (must attend both days)

Family Service

4 Cornerstone Drive, Langhorne, PA

Cost is \$300 per person

Register online at www.fsabc.org/asist

Questions? Contact Maria Picciotti at 215.355.6611 or mpicciotti@fsabc.org



Learn more about ASIST and see the evidence at www.livingworks.net/ASIST











